

SPBC Student Wellbeing Plan

The College's mission and values foster a culture of support and care, placing learners at the centre of all plans and activities. This environment promotes strong collective bonds from the outset of study programs, allowing staff and students to build meaningful and lasting relationships.

SPBC prides itself on providing a loving, holistic, and supportive environment for our students. An indigenous Māori model of health, Te Whare Tapa Whā (four-sided house), is a model adopted by the college as it incorporates the four areas of well-being that form SPBC's philosophy of care.

Dimension	SPBC's Commitment	SPBC Goals/Plans	Examples of Evidences
Taha Tinana (Physical Health)	We are committed to promoting physical health by providing encouragement, resources and opportunities for exercise, nutrition, and rest to support our students' overall well-being.	<ul style="list-style-type: none"> - Encourage a culture of physical wellbeing among students. - Make available resources and information on recreational activities. 	Pg 27 Prospectus Pg 16 On-campus Student Handbook Section 7 Welcome Book
Taha Hinengaro (Mental Health)	We pledge to foster mental health by offering programs and services that encourage emotional resilience and positive mental well-being for all our students.	<ul style="list-style-type: none"> - Ensure access to mental health resources for students. - Timely needs identification and appropriate support with close monitoring. - Provide academic support that reduce stress and improve student success. 	Student noticeboard and info hub Section 3 Welcome Book Pg 19 Prospectus Mental Health and culture info.
Taha Whānau (Family Health)	We are dedicated to strengthening whānau connections by creating a supportive community that values strong relationships and collaboration among students and their families (including the wider Christian community).	<ul style="list-style-type: none"> - Create an inclusive environment that fosters student connections. - Organise regular social events, personal and cultural celebrations. - Buddy system for new students to ease the transition into college life. - Maintain mentorship programs that connect students with faculty and alumni. - Establish connections with wider church community. 	Section 3 Welcome Book Cultural dinners, Communal lunches. Staff hosting students for meals. Student led excursions. Church activities and attendance.
Taha Wairua (Spiritual Health)	We commit to nurturing spiritual health by encouraging students to explore their beliefs, values, and cultural identities, fostering a sense of purpose and belonging.	<ul style="list-style-type: none"> - Create a safe space for students to explore their spirituality and engage in cultural expression. 	Weekly prayer requests. Spiritual direction sessions —TIA.

		- Provide access to spiritual directors/chaplains/advisors who can support students in exploring their spirituality and navigating personal challenges.	Chaplaincy services, as and when needed. Advisor—church elders visitations.
--	--	---	---

Student-Centred Support Services

We care about each student as an individual and support them to develop their God-given gifts and calling. Learning and ministry activities are supported by additional services, which may include but are not limited to:

Orientation Services

- Full health and safety orientation for on-campus accommodation and the campus itself.
- Health and wellbeing orientation for on-campus and online students.
- Assistance with administrative activities, such as opening bank accounts, finding GPs (Doctors), and visiting local supermarkets for on-campus international and out-of-town students.

Pastoral and Wellbeing Services

- Pastoral Support provides holistic care for students beyond their academic and ministry performance.
- Wellbeing care, time-management help, and a listening ear when support is needed or if feeling disconnected.
- Regular engagement with pastoral care staff and spiritual directors.
- Help and advocacy accessing external services such as a culturally appropriate advisor for international students and appropriate professional counselling support for specialised issues.
- Early detection for students requiring additional well-being support and tailored welfare plans to address their needs.

Social Engagement Services

- Whanau support and engagement with learning, encouraging family members to become part of the college and church community.
- Organise extra-curricular activities, including excursions, sports events, and retreats.
- Supporting cultural and international activities, such as sharing meals from around the world and hearing about each other's cultural experiences, visiting culturally significant places, and speakers from different cultures.

Professional Development Services

- Facilitating Ministry Mentorship—for those with sizeable ministry commitments.

Academic Services

- Information and mentorship regarding academic progress and pathways.
- Access to academic support services and mentorship, including one-on-one time with faculty members and essay preparation, planning and writing workshops.
- Access to academic support for students with significant illnesses or when unexpected life events interrupt study.

The Tertiary and International Learners Code of Practice

At SPBC, we are proud to be signatories to the Education (Pastoral Care of Tertiary and International Learners) Code of Practice 2021.¹ This code establishes standards for all tertiary providers in New Zealand and ensures that learners are safe and supported. NZQA, as the Code Administrator, monitors compliance with it.

Annual self-review

As part of our commitment to providing a safe and supportive environment for our students, we continuously review our standard of care by gathering feedback from current and past students through formal and informal meetings and surveys. A robust self-review is conducted annually to ensure SPBC maintains its high standards of student well-being and safety, and continues to provide a positive learning experience for all students.

Further information on policies and procedures that support student well-being can be found in the following documents:

Critical Incidents and Emergencies—policy and procedures (available at request)

Health and Safety—policy and procedures (available at request)

Support Services and Pastoral Care—policy and procedures (available at request)

Education Pastoral Code of Practice—policy and procedures (available at request)

Complaint Resolution—policy and procedures (available online and at request)

Community Resource List—Student orientation booklet

Student Prospectus (available online)

Student Handbook (available online)

¹ <https://www2.nzqa.govt.nz/tertiary/the-code/>